



# WALDEGRAVE SPORTS NEWS

18 June 2010

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## ROUNDERS



There has been so much going on with our Rounders teams this term. We are unbeaten so far in the weekly Junior and Senior Leagues, beating Shene, HCC and Teddington in both age groups. If we continue to play this well, we will be bringing home both titles.

We also entered two very good teams into the U16 Borough Tournament. Both teams did extremely well. Waldegrave Wolves (pictured) came first and Waldegrave Warriors came fifth. This means that the Waldegrave Wolves will represent Richmond in the South London Rounder's Final on 23 June. The PE department would like to wish these students the best of luck.

The Year 10 Sports Leaders have started a Rounders Club for Year 7 students on Wednesdays, from 3-4 pm. All Year 7 students are welcome. The students will prepare for the Year 7 Borough Tournament on 29 June. If you would like to be considered for the team then you must come to the club.

**Junior Squad:** Frankie Cadogan 8ND (C), Chloe Byne 8ND, Rosie Jarvis 8SA, Nicole Anton 8NI, Ellie Ctori 8RH, Frannie Painter 8ND, Caoimhe Blair 8ND, Elisee Nunn 8ND, Olivia Parish 8NI, Amy Calloway 8OM, Izzy Shury 8OM, Maariya Malik 8ND, Ciara Bains 8NI, Kim Nguyen 8DR, Megan Morris 8AL.

**Senior Squad:** Mary Jane Tual 10AB (C), Hannah Perrott 10AB, Hebe Naylor 9CJ, Rekha Patel 10AB, Sarah Hatton-Smith 10AB, Brooke Kirsopp 10PI, Lucy Rose 9CD, Bethan Gallifent 9CJ, Hannah Dix 10AB, Zoe Ryan 10EM, Sahar Malik 10PI, Laura Preston 9CJ, Natalie Redmayne 9CD, Bizzy Watson 9JS, Ari Cibrario 11KD, Amy Wells 11KD, Charlotte Wells 11PG, Charlotte Smyrk 11LJ, Amy Bamford 11KD.

## INDIVIDUAL ACHIEVEMENTS

HUGE Congratulations to Chloe Byne (8ND) who is in France this week representing Great Britain in the 2010 World Aerobic Gymnastics Ages Groups Championships. In order to qualify for this event Chloe had to compete in two selection competitions and attain a consistently high score. Chloe is obviously extremely dedicated and committed to Aerobics, and all her hard work has clearly paid off. Good Luck from Waldegrave Chloe!

Earlier this year Emma Stonehouse 9CD and her sister, Katherine 11HF, travelled to Bristol with their teammates in order to qualify for the Taekwondo World Championships in Korea, in early July. Both students were selected in the sparring categories, which will mean fighting against black belts from all around the world. Emma and Katherine have weekly squad training sessions in Swindon to prepare for the championships and hope to do well. Good Luck from the PE department.

## NETBALL

Congratulations and well done to the Year 7 Netball team who were crowned winners of the Richmond Schools League and Tournament. The students involved showed great commitment to their training all season.

Very well done to all the Year 7 students involved in Netball this year, especially those in the winning Tournament team: Julia Reed 7YH, Lucy Fairchild 7YH, Evie Mitton 7YH, Rebecca Bradshaw 7JD, Lucy Keartland 7DM, Olivia Schaaf 7YH, Imogen Paterson 7DM and Gemma Chester 7DM.

## ROWING

Rowing for Molesey Boat Club, Lilly Cocks 10SS won the Girls U15 Eights at the National Schools Regatta. Lilly is the stroke of the crew who were delighted to beat local rivals Kingston Grammar School by just under a length of a boat in the final. The crew set a new course record in a winning time of 7:32.14 for 2000 metres - an impressive time indeed.

The National Schools Regatta is the highlight of the junior rowing calendar. It is a very prestigious event to compete in, and to win!

Other students who competed at the event for Walbrook Rowing Club, racing in Coxed Quads, were Alexa Hughes 10AB and Eliza Cottington 9NR, Bella Taylor 9RM and Louise Ollington 9CD.

## HEALTHY SCHOOLS

During the week of the 21-25 June Year 7 students are going to gain an understanding about the importance of fuelling their bodies for physical activities. They will learn how healthy eating benefits their sporting performance.

## TOPSLINK FESTIVALS



The theme for this year's Topslink Festival was World Cup Football. The teams were named after some of the competing countries; England, South Africa, Germany and Japan among others.

On 28 April over one hundred and fifty Year 4s from St James' and Stanley descended upon Waldegrave for games such as 'chuck a duck', 'hoop da loop' and 'obstacle bonanza'. On 10 June over two hundred and fifty Year 2s from St James', Stanley and Trafalgar invaded the school, playing games such as 'target tails', 'parachute frenzy' and 'water spoons'.

**The Year 10 Sports Leaders** had all worked very hard preparing for the Festivals, and all had different areas of responsibility. There were Team Managers, Station Managers, Reception, Score Managers and Results Managers. Both days were a great success and a big thank you goes to all the Sports Leaders for the amazing input on both days. A further thank you to the team of **Year 7 Young Leaders** who worked tirelessly in their role providing hospitality for this event. The Year 4 Festival was won by England, and the Year 2 Festival by South Korea.

Well done to the **Year 10 Dance Leaders** for their warm up activity at the Year 2 TOPSLINK festival on 10 June. They will be at Trafalgar Infant school on Wednesday 23 June for another workshop and are running a Cheerleading Club for Year 7 and 8 students on a Wednesday from 3 to 4pm. Marlayna Benjamin-McBride 10JB, Leanne Bertinelli 10EM, Sophie Brignell 10CS, Kayleigh Davies 10GT, Christie Eldridge 10JB, Zaynab Lakha 10SS, Erisa Mata 10BV, Heather Mooney 10BV, Vazma Omari 10SS, Larissa Shehade 10SS, Isabelle Solomon-James 10SS, Charlotte Sullivan 10AB and Merina Thapa 10BV.

### RSSP Key Steps Gymnastics Festival

We would like to offer our belated thanks to the sixteen Judges and twenty-nine Sports Leaders who worked tirelessly on the Year 1/2 and Year 3/4 Festivals on 6 May. Without their help the event would not have taken place.

### Year 1 Multiskills Festival

On 25 May, thirty Year 8 Sports Leaders assisted with the running of the St James Year 1 Multiskills Festival. They each took charge of a team of fifteen boys and girls, helping them complete a series of fun activities. Their efforts are to be congratulated, as it is not an easy task to lead fifteen very excited 6 year olds!

## EVENTS

### Borough Sports – Year 7 & 8 on 1 July and Year 9,10 & 11 on 2 July

It's that time of the year again, when Borough Sports looms. Selected students will be called next week to attend trials on Tuesday 22 June and Thursday 24 June, so keep checking the PE noticeboard. Come on girls, last year Orleans and Waldegrave were very close, so we need to train hard, so that "**ve**" can be the "**vinnners**" again!!

### Sports Day – 6 July (some Field Events) and 7 July

Our own Sports day is on 7 July. A DJ has been booked, and will no doubt be playing some of your favourite songs. This year there will be a couple of new things; firstly there will be a Year 7 and 8 Inter House Cheerleading competition. Year 7s and Year 8s should be attending Cheerleading Club on a Wednesday to get into practice for this. Secondly, we have introduced Standards for athletics which gain points, so that every student in the school has had a chance to contribute points to their House before Sports Day.

### Middlesex Schools Athletics

Following the Richmond School Athletics Talent ID event on Friday 14 May, six Waldegrave students were selected for the Richmond Team to take part in the Middlesex Schools Athletics Championships at Barnet Copthall. Alexa Hughes 10AB, Fenn Porter 10BV, Zoe Ryan 10EM, Sophie Stephens 9AC, Emma Stonehouse 9CD and Julia Skinner 10JB.

A great achievement, well done.

## INCLUSION GAMES

Well done to those students from Year 7 & 8 who attended the Inclusive Games day at Christ's School. These students were some of the first to be involved in this event which will now be run annually. They learnt and played some interesting new games such as Boccia, Sit down volleyball and Indoor hockey. Waldegrave School competed against other schools across the borough, and the students thoroughly enjoyed the day.



RUGBY FOOTBALL UNION

Waldegrave School for Girls is a member of the RFU Education Partnership